



THIS IS WHO I AM

I am a new creation in Christ and old things have passed away...(2 Corinthians 5:17)

I am a child of God...(1 John 3:2)

I am forgiven...(1 John 2:12)

I am justified by the blood of Jesus...(Romans 5:9)

I am healed by the stripes He took for me...(Isaiah 53:5)

I am fearfully and wonderfully made...(Psalm 139:14)

I am made in God's image...(Genesis 1:27)

I am holy and loved by God...(Colossians 3:12)

I am the salt of the earth and the light of the world...(Matthew 5:13-14)

I am chosen by the Most High and He has a plan for my life...(Ephesians 1:11-14, John 15:16)

I am ordained...(1 Corinthians 7:17, John 15:16)

I am righteous because I accept Jesus as my gift of righteousness...(Romans 5:17)

I am submissive to my brethren in Christ...(Ephesians 5:21, 1 Peter 5:5)

I belong to God and His desire is toward me...(Song of Solomon 7:10)

I am loved with an everlasting love...(Jeremiah 31:3)

Nothing shall separate me from God's love...(Romans 8:39)

The Lord will never leave me nor forsake me...(Hebrews 13:5)

I have eternal life and no man shall pluck me out of God's hand...(John 10:28)

I am more than a conqueror through Him who loved me...(Romans 8:37)

I can do all things through Christ who strengthens me...(Philippians 4:13)

I am strong in the Lord and in the power of His might...(Ephesians 6:10)

I have overcome the devil...(1 John 2:12, Revelation 12:11)

I am the Lord's free man...(1 Corinthians 7:22)

Victory is mine...(1 Corinthians 15:57)



MY DEVELOPMENT

I trust Jesus with my life.

I depend on Jesus everyday and not on my own ability.

I wait on the Lord and I will not set deadlines or schedules for my development.

I refuse to be frustrated or disappointed with myself; instead, I choose by faith what Jesus can do through me, according to His timing. All things are possible with Him.

I am optimistic and excited that Jesus is helping the real me to come forth.

I choose to learn submission to every valid authority: spiritual, civil, etc. I will continue to refuse rebellion because it is as the sin of witchcraft.

I choose to be humble and not to think that I am better than somebody else.

I will learn how not to take it personal anymore and how not to get offended because when someone judges me, they are judging Jesus and they need His love, not His wrath. I am not a dart board and I refuse the enemy's darts. They are not mine.

I refuse to take ownership of any rejection because the enemy is just trying to bring me down from heavenly places in Christ, but I refuse it. I am the Lord's free man and He loves me forever.

I choose to forgive everybody and to get better at it every day.

I am determined not to hold grudges or keep score. If the devil tries to remind me of what somebody did, I will say "I forgive him and I bless him in Jesus name." If necessary, I will do this however often it takes.

I choose to forgive myself and to love myself. It is God's will.

I want to improve how to give and receive unconditional love from others.

I will pursue Christian fellowship such as prayer meetings, Bible study, church services, or other Christian gatherings for the purpose of building myself up in the Lord and also for learning how to build relationships within the Body of Christ. I need my brothers and sisters and they need me.

In any development area that I need help with, I will ask for God's help, everyday.

My identity is in Jesus and His goodness.



THIS IS NOT THE REAL ME

(PART ONE)

REJECTION STRONGHOLDS (Love-Starved)

- Rejection or Inherited Rejection
- Fear of Rejection
- Self Rejection
- (Difficulty in giving and receiving love.)

- Lust
- Perversion
- Fantasy Lust
- Harlotry / Exhibitionism
- (Literally looking for love in all the wrong places.)

- Self Accusation
- Compulsive Confession (With the focus on seeking attention.)

- Jealousy
- Envy
- Paranoia

- Insecurity
- Inferiority (about appearance, ethnicity, etc.)

- Fear of Judgment
- Self Pity
- False Compassion (i.e. excessive affection for animals.)
- False Responsibility
- Depression / Despondency / Despair / Discouragement / Hopelessness
- Suicide
- Guilt / Condemnation / Unworthiness / Shame

- Perfection / Pride / Vanity / Ego
- Intolerance / Impatience / Frustration / Anger

- Unfairness
- Withdrawal
- Pouting

- Fantasy
- Daydream
- Delusions

- Self-Awareness
- Timidity
- Shyness

- Loneliness
- Overly Sensitive
- Talkative / Nervous / Tense

- Other Fears (People, Failure, Germs, etc.)

DELIVERANCE

Speak aloud: "In the name of Jesus, I renounce (list the ones above you are having an issue with or have had an issue with) and I break their curse off of me. They are not the real me. In the name of Jesus, I bind these unclean spirits and their kind and I command them to leave me! Be thou removed and be thou cast into the sea! Go! I am the Lord's free man!" Then, relax and try to get into the Word or pray. Listening to the Word on cassette tape is very good. It would also be good to get some prayer support from other Christians. Go about your everyday life and have faith.

Do this daily, twice a day, every other day, or whatever it takes but this is a process and it's going to take time. This is a house cleaning and it will take days, weeks, or whatever, but you will slowly and surely improve. It is the Lord's will for you to be free. He paid the price of His blood and the victory is won.



THIS IS NOT THE REAL ME

(PART TWO)

REBELLION STRONGHOLDS (Fights for Love)

- Rebellion
- Disobedience
- Anti-submissiveness
- Witchcraft / Occult Involvement

- Self-Willed
- Stubborn
- Selfish

- Accusation Toward Others (Not judging self.)

- Suspicion / Distrust Toward Others
- Confronting / Persecuting Others
- Fear / Paranoia of Others

- Self-Deception (Believing one's own lies.)
- Self-Delusion (False belief of one-self.)
- Self-Seduction (Misleading one-self.)

- Judgmental / Fault Finding
- Proud / Unteachable

- Controlling / Possessive

- Root of Bitterness
 - Hatred / Self-Hate / Self Mutilation
 - Resentment
 - Violence / Fighting
 - Anger / Aggression / Murder
 - Unforgiveness / Keeping Score
 - Retaliation

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